

SANDWICHES

GLUTEN FREE OR BAGUETTE +50c



CHICKEN & SALAD

\$5.00

SALAD & CHEESE(V)

\$4.00

CHEESE & TOMATO(V)

also available toasted

\$3.50

VEGEMITE(V)

\$2.50



CHEESE(V)

also available toasted

\$3.00

HAM & CHEESE

also available toasted

\$3.50

TUNA, LETTUCE & MAYO

\$4.50

EGG, LETTUCE & MAYO(V)

\$4.50

HAM & SALAD

\$4.50

SALADS

WHOLESOME HEALTHY SALAD BOX

Filled with fresh lettuce, tasty tomato, cucumber & carrot.

Served with half a buttered roll

You pick your protein

Chicken, Tuna or Egg

Add cheese .50c

\$5.00

HOT CHICKEN ROLL

NEW!!

A TOASTED ROLL FILLED WITH CHICKEN & MAYO

\$5.00

MUFFINS

VARIOUS FLAVOURS. MINI .50c. LARGE \$1.00

BANANA BREAD

HOMEMADE .50c A SLICE



PARINGA'S PANTRY

PARINGA PARK PRIMARY SCHOOL

DAILY SPECIALS

MONDAY- BURGERS

CHICKEN, VEGGIE (V) OR BEEF

\$5.00

TUESDAY- PIZZA

HAM & PINEAPPLE

CHEESE & TOMATO

VEGGIE(V)

SUPREME

\$4.00



WEDNESDAY- HOTDOGS

WITH SAUCE \$4.20

\$4.00



THURSDAY- SUSHI

CHICKEN

TUNA

VEGETARIAN (V),

\$4.00



FRIDAY- HOMEMADE BAKES

MAC & CHEESE(v)

BEEF LASAGNE

VEGGIE LASAGNE(v)

BUTTER CHICKEN

(GF)MAC & CHEESE(v)

(GF)SPIRALS WITH BOLOGNESE SAUCE

\$5.00 (GF \$5.50)

GARLIC BREAD

SINGLE SERVE \$3.00 EACH

HASH BROWNS

OVEN BAKED \$1.00 EACH

SPRING ROLLS

3 OVEN BAKED ROLLS FOR \$2.00



PASTRIES

MEAT PIE

\$4.50

VEGGIE PASTY(v)

\$4.50

SAUSAGE ROLL

\$4.00

SPINACH & CHEESE ROLL(v)

\$4.50

WRAPS

CHEESE & SALAD RAINBOW WRAP

LETTUCE, CARROT, CHEESE, CUCUMBER & TOMATO, TOPPED WITH LOW FAT MAYO

ADD CHICKEN \$1.00

\$5.00

TUNA & SWEETCORN WRAP

TUNA, SWEETCORN, FRESH LETTUCE & CREAMY MAYO

\$5.00

CHICKEN TENDER WRAP

TENDER CHICKEN PIECES, FRESH LETTUCE, CHEESE & CREAMY MAYO

\$5.00

DRINKS



ALL DRINKS

\$2.00

FLAVOURED MILK

STRAWBERRY OR CHOCOLATE. AVAILABLE FROZEN.

FRUIT JUICE BOXES

VARIOUS FLAVOURS. AVAILABLE FROZEN.

SPRING WATER

FROZEN TREATS

VARIOUS FROZEN TREATS FROM...

80c



PLACE ORDERS ON QKR! APP BEFORE 8:45AM DAILY