

**Diary Dates:**

**August**

**Wednesday 26**

- Port Power visit year 5/6

**Friday 28**

- Assembly hosted by LA2-5 / 2-6
- Dress Code Committee 8am

**Monday 31**

- Environment Committee 4pm
- Parent Innovation Comm. 6pm

**September**

**Tuesday 1**

- Sports Committee 5pm
- OSHC Committee 6pm

**Wednesday 2**

- Cyber Safety sessions year 3-7

**Thursday 3**

- Footsteps year 4/5
- Canteen Committee 2pm
- Father's Day Stall

**Friday 4**

- Father's Day Stall
- Finance Advisory Comm. 8am
- SAPSASA Volleyball Finals

**Pupil Free Day**  
**Monday 12 October**

**School Closure**  
**Friday 6 November**

**SMS Absence Number**  
**0476 857 224**

**School Values**  
**Bravery Care**  
**Challenge Trust**

**SA Term Dates for 2020**

Term 3 20 Jul to 25 Sept  
Term 4 12 Oct to 11 Dec

**Traffic Monitors**

*Week 6*

Morning: Amy & Grace F  
Afternoon: Kyla & Zoey

*Week 7*

Morning: Eddie & Tyler  
Afternoon: Calum & Harry

Dear Families,

I hope that this newsletter finds you and your families all well and keeping healthy and safe. We have had a busy couple of weeks since our last newsletter with a few updates provided below.

**Pupil Free Day (PFD) - Monday 17 August**

These days provide a unique and valuable opportunity for our staff to engage in professional learning and we appreciate our school community support with these days. The morning focus of our PFD was for teaching staff, where the site leaders introduced a concept called Teaching Sprints. This process was developed by Simon Breakspear who is a former high school teacher and father of three, an educational researcher and advisor, a Research Fellow at the UNSW Gonski Institute for Education and Executive Director of Breakspear Learning.

Teaching Sprints is a simple professional development process, that supports overloaded educators to continuously enhance their expertise. Drawing on both the features of effective professional development and the science of behaviour change, Teaching Sprints supports teachers to continuously – and collaboratively – get better at what they do best through a structured approach to:

- Meaningfully engage with the best available evidence in the field
- Make incremental changes to teaching practice, for big impact over time
- Establish the organisational routines needed for job-embedded teacher learning
- Engage in collaborative and disciplined dialogue with their peers
- Make more effective use of available team collaboration time, supported by tools and protocols
- Deepen their knowledge of the science of learning, and be inspired by a process of continual professional improvement

All teachers engaged with The Big 6 Best Advice Papers from the Department for Education which document research and evidence based practices, to identify a tiny shift they want to make to improve their practice. Research informs us that experience does not equate to expertise and therefore we can all improve regardless of how long we have been teaching! Through engaging in this process teachers are asked to use evidence, intentionally practice improvements and make tiny shifts through a PREPARE-SPRINT-REVIEW process. This is a system we will be embedding in our school and is adaptable regardless of our improvement agenda (eg Literacy or Numeracy) and we look forward to working in this space with our teachers.

The second half of the day involved all staff in Interoception training. Please refer to Jamie's section in this newsletter for further information.

**Rapid Action Plan - Emergency Evacuation Practice**

As mentioned in the last newsletter, our school undertook a COVID-19 practice evacuation last week, following a comprehensive plan shared with all staff. If there is an active COVID-19 case at our school, we will be notified by the Department for Education's central office through our Education Director, Chris Sheldon, and we will enact our plan. The practice of our plan worked extremely well, with all staff and children engaging in the 'evacuation' in a calm and orderly manner. The important thing to remember about this type of evacuation is that it is not about the speed, but the focus must be about keeping children safe and calm. We are in the process of putting together a flow chart for families of what the process is for the collection of children in the unlikely event that this should occur. This will be distributed to all families in the next couple of weeks.

**Father's Day Breakfast and Stall**

Normally at this time of the year we are starting to plan and advertise our Father's Day breakfast. Unfortunately due to COVID-19 we are unable to hold our breakfast this year (we will have to make next year's doubly good!!) but we will be holding the Father's Day stalls for the children to purchase gifts. Check out the flyer at the end of this newsletter.

**Disco tonight!**

If you are coming to the school disco tonight PLEASE ensure you have read the information that was emailed on Wednesday from the Parents and Community Committee about pick up and drop off. This is imperative if we want to keep everyone safe. Thank you for your co-operation.

## Council road rules

Local councils impose a variety of parking restrictions at and near schools to achieve a safer environment for your children. These restrictions are also to optimise traffic movement and safety. Attached is a document sent to us by a parent which has been distributed by The City of Mitcham but is relevant to all council areas. This has been included in this week's newsletter. Thank you to Catherine F for providing this to us to share with our community.

## Sports Day

I understand that some families have been wondering about our intentions for a Sports Day in 2020. At this stage we have no plan to hold a Sports Day this year due to COVID-19 restrictions. As previously communicated to families, we were clearly instructed by our Education Director that events in term 1 were not required to be rescheduled. However, we are considering the possibility of having an opportunity for our children to participate in a range of physical activities, possibly in PE Week in term 4. There is a committee representative of staff across the school who will work with Michelle Burton and the Sports Captains to consider this option for our children.

*Have a wonderful week,  
Leanne Prior*

## Literacy for all

This year all children from year 2 to year 7 will participate in a Fountas and Pinnell reading assessment.

The Fountas and Pinnell Benchmark Assessment System is an accurate and reliable tool to identify the instructional and independent reading levels of all children and document student assessment through a one-on-one reading task. Teachers are able to observe student reading behaviours one-on-one, engage in comprehension conversations that go beyond retelling, and make informed decisions that connect assessment to instruction.

As part of our whole school literacy agreement, class teachers track and monitor every child's growth and achievement through the use of running records for reception and year 1 children and Fountas and Pinnell in years 2-7.

We enter the data into Sentral, our data management system, so we can track growth over the primary school journey. This data informs our practice and helps to align resources where needed.

For more information about Fountas and Pinnell please click on the link below.

<https://www.fountasandpinnell.com/>

*Tracey Bennett*

### Upcoming Payments Due

#### Preferred payment method is via Qkr!

Please contact the front office for other payment options and for any payment queries.

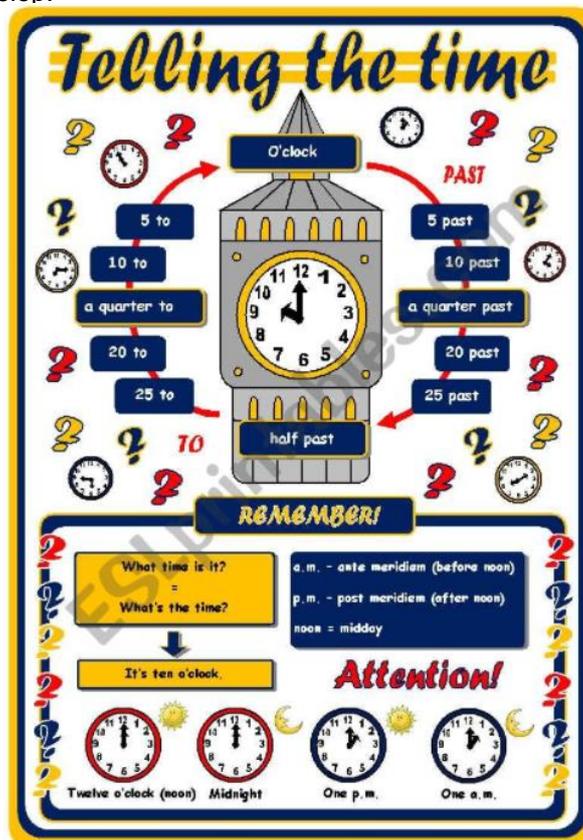
**All school payments are due at 3pm on the last day to pay. Late payments will not be accepted.**

- **Footsteps – Year 4 & 5**  
\$15.50 due 3pm Wednesday 9 September
- **Maritime Museum excursion– LA1-10, 2-5 & 2-6**  
\$18 due 3pm Thursday 10 September
- **Tailem Town excursion – LA1-6, 1-7 & 1-8**  
\$40 due 3pm Thursday 10 September

## Mathematics

### Why is it important to teach your children about time?

Learning to tell the time is an important skill for young children, which helps the development of social and behavioural skills such as responsibility, time management and self-dependence. Being able to tell the time can help to develop base mathematical skills for children. The ability to 'skip count' (5,10,15, 20...) and familiarise with primary addition and multiplication are amongst the skills they develop.



Children who are aged 7-8 years are learning to read clocks on the half hour, both analogue time and digital time. They are comparing the duration of events as well as the number of days in a month and the order of months in a year. Examples of this are "We start school in the morning at 9 o'clock and have a break at 11 o'clock". "Soccer training begins at half past 4 in the afternoon and finishes at 5 o'clock".

This is a great age to purchase a watch for your child. Allow them to pick a watch which they like, with a simple, easy to read analogue face. This presents endless opportunities to read the time.

Children who are aged 9-10 are reading timetables and timelines. They are converting units of time from 60 seconds into 1 minute, 60 minutes = 1 hour, 24 hours = 1 day. They are also learning that digitally 15 represents quarter past, 30 = half past and 45 = quarter to. Children should be able to read time in one minute intervals.

Encourage these new skills by reading and interpreting timetables with your children. In the holidays encourage your child to read the movie session timetables and tell you when the movie starts and finishes; or get a bus, tram or train timetable and get your child to plan a return trip to the city.

Below is a link to a collection of games and activities that could be used to help learn about time:

<https://education.abc.net.au/home#!/topic/496546/time>

*Daniel Mills*

## Wellbeing & Engagement

### Pupil Free Day (PFD) - Monday 17 August Interception Training

On Monday afternoon Ben Burnard from the Department for Education's Complex Needs Team hosted a session for all staff on Interoception Training. Ben has worked in complex schools for many years and came across Interoception and its effective use in helping children regulate their emotions and understand the connection between their emotions and the physical states that their body can be in when his own son had some difficulties as an 11 year old. He now works with his team to promote this method of self regulation in schools across the state.

Interoception is a sense of our body like touch, sight, smell and taste and is focused on our ability to connect our emotions and how they affect our body. Ben provided staff with an understanding of interoception and how and when teachers can use it in a proactive and purposeful manner. We practiced a number of activities that staff could run with children after break times (emotions are usually high at these times) with a view to all staff adopting these strategies in a proactive and consistent way daily.

Evidence suggests that children with a strong interoception sense are more likely to have a strong control over their emotions, are able to self regulate during times of stress and are more in tune with their body. However, it takes practice to hone this sense which is what we are aiming for. On Tuesday many teachers had begun trialling activities in their class and reported that children enjoyed the 2 minute activities.

In coming weeks I will announce a parent training session that Ben has offered our school. We would love parents to get involved in this valuable learning that is a piece in the puzzle to ensuring your child develops in a happy, healthy and well balanced manner.

More information about Interoception and resources can be found on the [department's website](#).

### Wear Your Colours for Cancer and World Fitness Day Friday 25 September



The SVE have created Wear Your Colours Day to coincide with World Fitness Day on the last day of school. We would ask that children come dressed in their favourite sporting teams colours. We will encourage all classes to get outside or do an activity inside that gets children's heart rates up and engages them with some exercise with their teachers joining in too. It will be a gold coin donation and all money raised will go to the Kids Cancer Council who sponsor Team Colours Day. So get planning and support your team at Paringa Park Primary School!

## Wellbeing and Engagement Collection

In weeks 7 to 9 we will be rolling out a Department for Education Wellbeing and Engagement survey with children from years 4-7. The survey will be administered in class by teachers and names and personal details will not be recorded. The purpose of this data is to give us an insight into how our students are coping this year and with many changes happening both at school and in the community, it should provide some interesting data. If you have any questions around this survey please don't hesitate to contact me.

### Lego League selections have begun!

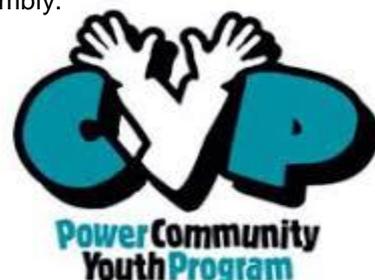


The Lego League selection trials for our 2 teams were this week and Kelly Mitchell and I found it to be a fantastic experience for the children at PPPS. We set them 2 challenges to test their creativity and collaboration skills using Lego. The children were extremely enthusiastic and modelled exceptional collaboration skills and great ingenuity in design and abstract thinking when given a problem to solve. Children will

be notified of their acceptance into the next phase of the selection process by Monday at the latest which will be an interview to establish their interpersonal skills and learning dispositions. Kelly and I are very confident we will have a strong team of collaborative thinkers to tackle this year's challenges.

### Powering student learning through Port's Community Youth Program

Much to Leanne's joy (a very one eyed Port fan!) Russell Ebert and a number of different (male and female) athletes linked to the Port Power AFL club have been coming into our school to deliver messages around healthy eating, exercise, keeping your mind active and valuing school via the Power Community Youth Program which Russell founded many years ago. The 3 week program involves past players, current players, athletes and AFLW athletes and the Naval group. Last week the year 5 and year 6 classes learnt about healthy eating and the life of an elite athlete. This week they were looking at heart rates and the effects of exercise, and a STEM problem ran by the Naval Submarine Corporation Group. Next week we will finish the program with a mini assembly.



Jamie Meredith  
Senior Leader  
Wellbeing & Engagement

## Assembly Acknowledgements

Congratulations to the following children who were acknowledged at the last assembly for upholding our school values:

- **Jessica S. (LA1-10)**  
Challenge – Jessica showed strong team skills while working on a group inquiry project.
- **Trent M. (LA1-10)**  
Challenge – Trent has been putting lots of effort into his writing and wrote an excellent argument on the positives that came from the Coronavirus restrictions.
- **Mitchell L. & Radin A. (LA1-1)**  
For showing care and trust during music lessons.
- **Sienna A. (LA4-1)**  
Care – We really appreciate you being so caring towards another student. Thanks for including and supporting her.
- **Callum S. (LA4-1)**  
Trust – We really appreciate how we can always trust you. You are a great learner and friend.
- **All of LA4-3**  
For an outstanding effort writing descriptive reports on birds. Tried, received feedback and tried again; lots of practice to improve to do their best.

**Bravery Care Challenge Trust**

## Anita's Corner

I hope that this finds you all well and in good health.

I would like to give a big shout out to all those year 7 children, staff and families who have been involved with organising and setting up \$20 Boss recently. From slime to toasties to body scrubs, throwing pies and games, the yard at Paringa has been busy recently. Funds raised go to charity too - one way Paringa is giving back to our community. Thank you.

Many children are also looking forward to the school disco tonight. Thank you to all who made this possible. It promises to be another great night.

Next week we acknowledge and celebrate the School Services Officers at Paringa who do a wonderful job! From efficiently running all the office, working and sharing their expertise with children, maintaining school grounds and all the extras they do to ensure our whole community thrives – thank you!

Meanwhile, If I can be of assistance in any way please feel free to contact me via email - [anita.trainor584@schools.sa.edu.au](mailto:anita.trainor584@schools.sa.edu.au)

Take care,  
Anita Trainor  
Pastoral Care Worker

## The Library Loop

TIME IS RUNNING OUT! ONLY 2 WEEKS LEFT TO COMPLETE THE CHALLENGE! The Reading Challenge finishes on **Friday September 4**. Completed challenges will only be accepted up to and including September 4. Any 12 books you've read this year can be entered. Congratulations to the following children for recently completing their Premier's Reading Challenge.



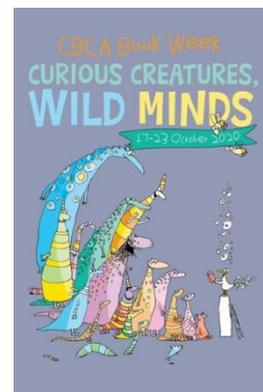
Mikahla L. 2-2	Elise F. 1-6	Luke L. 1-8
Fraser S. 4-4	Braxton J. 1-6	Nicholas T. 1-3
Emily T. 1-6	Caitlyn T. 4-2	Edmond L. 4-4 (3 <sup>rd</sup> )
George C. 2-5	Hitansh G. 4-1	Nicolas J. 2-11
Brodie M. 2-11	Ruby L. 4-2 (6 <sup>th</sup> )	Jasmine Z. 1-4 (2 <sup>nd</sup> )
Lewis N. 1-6	Indi H. 2-5	Taylah B. 4-1 (2 <sup>nd</sup> )
Mariah P. 4-4	Hugo L. 4-4	McKay B. 4-2 (5 <sup>th</sup> )
Sebastian A. 1-8	Zach P. 2-7	Mikah L. 2-11

## Book Week 2020

Keep an eye out for the display of this year's shortlisted books coming soon.

And don't forget to always check out the 12 new books on display every week which can be borrowed out the following Monday.

*Happy reading,  
Tracey, Anne and Caroline*



## Sports Update

After a short break it's great to see school sport back! We have lots of school teams training and playing in competitions at the moment, and SAPSASA competitions have re-started this term. There have also been a number of trials for district team representation in Soccer, Football, Hockey and Netball. Some teams have been finalised with children from our school being selected. They will be playing in the State Carnivals later this term.

Congratulations to the following children who have been selected in the South West District Teams:

**Hockey** - Lily S

**Soccer** – Paris M

**Netball** - Sophie M and Matilda B

*Michelle Burton*

**YOUR PARENTS & COMMUNITY  
COMMITTEE PRESENTS**

# Father's Day

**STALL**

SEPTEMBER 3RD & 4TH

**THURSDAY & FRIDAY**

**LUNCH TIME  
IN THE LIBRARY**

**GIFTS UNDER \$5**