

Diary Dates:

May – Term 2

Friday 19

- Finance meeting 8am
- Dress Code meeting 9.30am
- School Disco

Monday 22

- Footsteps Yr 3/4/5
- Junior Choir to St Philip's
- Partnership Governing Council Mtg

Tuesday 23

- ICAS Digital Technologies

Wednesday 24

- Living Skills
- Nature Play – Receptions & 3-1

Friday 26

- Assembly hosted by LA1-5

Monday 29

- Nunyara LA1-10, LA3-3
- Governing Council Mtg

Tuesday 30

- Nunyara LA1-11, LA3-2
- ICAS Science

Wednesday 31

- Nunyara LA2-5, LA2-6
- Living Skills

Pupil Free Days

Monday 24 July

Friday 10 November

School Closure Day

Friday 8 September

SMS Number for Absences

0427 016 460

SA Term Dates For 2017

Term 1	30 Jan	to	13 Apr
Term 2	01 May	to	07 Jul
Term 3	24 Jul	to	29 Sep
Term 4	16 Oct	to	15 Dec

School Values

Bravery - Care – Challenge – Trust

Traffic Monitors

Week 4 – Morning: Jacob & Jayden
Afternoon: Holly & Lucy
Week 5 – Morning: Stella & Kaitlin
Afternoon: Emily A & Jasmine

Dear Families

Our term is well and truly underway with so much happening across the school and it is wonderful to observe children and educators inspiring each other with their learning!

International Association for Nature Pedagogy Conference

Last weekend, Katie Dixon, Bec Martin (both parents and educators at our school), Nanette Virgo and I went to the International Association for Nature Pedagogy Conference (Google describes “pedagogy” as the “method and practice of teaching”). This conference was truly inspiring and a wonderful opportunity to further develop our understanding of current thinking and practice around engaging learning based in nature.

Research shows that experiences in nature can have a profound impact on children’s physical, social, emotional and intellectual development. The Nature Movement is not coincidental – I believe it is in direct response to the immersion in screen time (excluding that for education) which children are experiencing.

For example, did you know that:

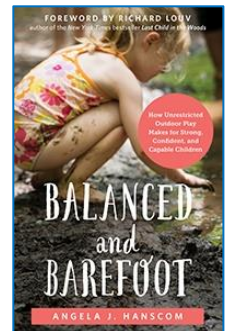
- In 2009, 40% of Australian children spent less than two hours per fortnight doing informal physical activity and over 40% of children aged 5-14 watched an average of 20+ hours of television per fortnight.
- In 2012, Australian children spent an average of 40 minutes per week outside and 52 hours a week on “screen time” (Kellert S, 2012).
- One out of three Australian children play outside every day compared to three in four children only a generation ago (Kellert S, 2013).
- 25% of Australian children are overweight (Warden C, 2017)
- 14% have been diagnosed with a mental health disorder (*Planting Trees Just what the doctor ordered* Planet Ark 2012 accessed via NaturePlaySA).

Paediatric Occupational Therapist, Angela Hanscom in her book **Barefoot and Balanced**, (which, by the way if you are only going to read one book about parenting this year then this is it!), cites research that indicates:

- Children are getting weaker, less resilient and less imaginative, have more difficulty paying attention in school, experiencing difficulty controlling emotions and have trouble safely navigating their environment
- Children spend less time developing strength, co-ordination and balance, have difficulties with sensory integration and therefore are more unsafe and accident prone

<http://www.balancedandbarefoot.com/blog/the-real-reason-why-children-fidget>

Minister Susan Close opened this conference and was accompanied by the DECD CEO, Rick Persse, sending a clear message that as schools we have not just a responsibility, but an obligation, to peruse nature pedagogy and inspire our children to learn about and within nature. Our journey commenced last year with the development of the area adjacent to OSHC and the Environment Committee are considering how we plan for further development of our outdoor environment over the next few years.



Year 7s in High School

There have been a number of inquiries to the Front Office regarding the potential relocation of Year 7s to Secondary school. It is the current DECD position, within the existing political climate, that there is a lack of evidence to suggest that this move will improve learning outcomes and as such there are no plans for this to occur. Therefore it is currently not on the DECD agenda to have R-6 and 7-12 schools, but this could change with a different political agenda. Parents and community members are well within their rights to influence political parties' policies by exercising their democratic views to their sitting Members and election candidates.

Have a wonderful week! You might even like to see if you can find some time to engage with your child in autumn activities as inspired by Nature Play SA, found later in this newsletter.

Leanne Prior - Principal

Paringa Park Primary School Facebook page

We have set up a Facebook page to establish a controlled, professional presence on social media.

Facebook is an excellent opportunity for our school to connect with families and share information rapidly. We are committed to being consistent in keeping the information updated and accurate. Students and families will likely come to rely on the Facebook Page as a resource to find information about what's going on at the school.

Next term you will be receiving a permission form regarding Facebook protocols. Until then no children's images will be put on our page.

Click on the following URL and like our page.

<https://www.facebook.com/Paringaparkprimary/>

For those who don't use Facebook we have linked all our posts to our Twitter account

<https://twitter.com/ParingaPPS>

Please email any questions or comments to

Tracey.bennett463@schools.sa.edu.au

Tracey Bennett – Assistant Principal

Front Office Payment Hours

In order to help streamline Administration procedures, from Week 3 the office is open to take payments from 8.30am to 9.30am Monday to Friday. Out of these times we encourage you to use Qkr, or Bpoint to make payments.

Uniforms can be purchased on Fridays from 8.30am to 9.45am – however they can be ordered on Qkr at any time and we will process them as soon as possible.

We appreciate your cooperation in assisting us through this process

The Administration Team

Volunteer Induction and Ran Training

Please note that the date for this session has been changed from Thursday June 1 to **Wednesday June 14**. We apologise for any inconvenience. More details will be provided.

Library News

Anne's not sure if it's a record for our school but... last Monday 215 books were returned to the library after being borrowed by our students. That's a lot of reading!

More students have completed the Premier's Reading Challenge. (The little 'E' denotes sent in by email.) This is the largest number of completions we have had in a fortnight so far this year. Some students have completed multiple challenges!

LA 3-3 is leading the charge with the most number of students completing the challenge. Some classes are yet to earn a frog cake – yes, I'm trying to appeal to your competitive spirit.

Come on in, borrow a P.R.C. book and read on. Your frog cake awaits!

Jacquie Grover & Anne Dingle

Emily M.(E) 1-2	Phoebe W. 3-3	Brodie M. 3-3	Sophie M. 3-2	Sienna S-W 3-3 (3 rd & 4 th)
Cain S. 3-3	Hermione C. 3-3 (2 nd)	Chelsea C. 3-3	Jax P. 3-3 (2 nd & 3 rd)	Calum C. 3-3
Izaak S. 3-3	Tom H. 3-3	Lachlan G. 2-5	Isla M. 1-8	Hannah C. 3-1
Brooke C. 1-8	Shyanne L. 1-10	Jade L. 1-7	Evelyn B 1-8	Emma H. 1-10
Tijana L. 1-8	Lily S. 1-7	Taylah B. 1-7	Miles E. 3-3 (5 th)	Susanna L. 3-3

French

Dear Parents/Caregivers,
You are warmly invited to come to the French Room on Friday June 2 from 8.45 am until 9.15 am. This will be an opportunity to meet with me informally and to have a look at the French Room and its resources. Most importantly this is a chance to enjoy a great part of the French culture, coffee and croissants!



Hope to see you there,

Amitiés (Regards)

Lea Garrett,

NAME: _____

I am able to attend the French Coffee morning



I would prefer a:

plain

chocolate

almond croissant

RSVP by Friday the 13th May to the front office.

Amitiés, (Regards)

Lea Garrett

Sports Update

Football

Congratulations to Luke, Lachie P and Kaiden who have been selected in the South West District Football Team. They will play in the State championships in the first week of June against other Districts from across the state. Well done boys and good luck!

Netball

Congratulations to Indiah and Lucy B who have been selected in the South West District Netball Team. They will also be playing in the State Championships in Week 6 of this term. Well done girls and good luck!

Cross-Country

In the first week of this term we had 30 runners from Years 4-7 compete in the District Cross-Country Competition. It was held at the Marion Golf Club so they could run on some hilly terrain. I was impressed by the number of strong runs by nearly every runner from our school. Most runners finished in the top 20, with about a third of them finishing top ten!

Some runners were running for the challenge of distance and/or time over the course. Some students however, ran in Division 1 hoping for District Team selection. Congratulations to Jackson S, Max D and Evan who have been selected for South West to compete at the State Championships on June 1 at Oakbank. Adele C, Jack R and Sadie have been selected as reserves for their age group.

Congratulations to everyone who ran on the day, and extra congratulations to those selected in the District team!

Gymnastics

A couple of weeks ago Raphael competed in the State Gymnastics Competition, with amazing results! He finished 3rd overall in the U/11 competition! His individual apparatus placings were: 2nd Floor Routine, 2nd Rings, 3rd Vault, 3rd High Bar, 3rd Parallel Bars and 3rd Pommel. Wow! What a fantastic result. Well done Raph! He told me that his goal is to qualify for Nationals next year when he is old enough!



On June 1 we will launch our Jump Rope for Heart fundraising month with a special assembly. June will have a focus on skipping and the fundraising for the Heart Foundation, culminating in a 'Jump Off' Day in Week 9. Further details will be out soon, but it's not too early to start jumping!

Michelle Burton

Paringa Soccer

Our first games of the season kick off this Saturday 20 May, with all 5 of our teams playing here at the school oval between 8.30-12.00pm. Please drop by for a sausage sizzle and to help support our teams if you are able.

Mel Judd, Soccer coordinator



Nerida's News

Students with anxiety

As part of my role I often find myself working with students who are dealing with anxiety. I don't just mean the type of anxiety that come from a few nerves before a test or competing in a sporting event, I mean the type of anxiety that stops a student from being able to participate in their schooling and engage with their friends. I often have parents asking for support and resources to assist their child work through their emotions. Recently I have been introduced to something called "The BRAVE program." The website describes this as:

The BRAVE Program is a free online program for the prevention and treatment of anxiety in Australian children and young people aged 8-17, and their parents. The program was developed by a team of researchers from the University of Queensland, Griffith University and the University of Southern Queensland, and has been specially designed to teach young people the skills they need to reduce anxiety and to cope with stressful situations.

It is a free interactive program for young people and their parents to work through, and the parent courses contain some really useful information for helping children to cope with the ups and downs of life. It can be found at <https://brave4you.psy.uq.edu.au/>


THE BRAVE PROGRAM.

If you have any questions, or just want to chat, feel free to make a time with the front office to see me on a Wednesday or Friday, or send me an email at nerida.menzel44@schools.sa.edu.au

Nerida Menzel

Pastoral Care Worker



Dear Students and Families

If you are planning to graduate this year you have until **Week 4 of Term 3** to finish collecting hours in your 'Passport to Learning'. Please remember no more than 10 hours can be claimed for any one activity as this ensures students participate in a range of great learning experiences. Lots of learning destination ideas can be found at <http://childrensuniversity.com.au/>

A representative from Children's University will be visiting Paringa Park in either Week 4 or 5 of Term 3 to discuss graduation details. At this stage we predict the graduation evening will be in either Week 9 or Week 10 of Term 3. Graduating students may invite 2 guests to attend the ceremony and celebration dinner (no charge). If you have any questions, please don't hesitate to contact either Ivan Cooper or Paul Taylor. We are looking forward to celebrating all the amazing learning that students have completed this year!

Kind regards

The Children's University

Be ready to graduate!

30hrs Bronze - 65hrs Silver - 100hrs Gold

Partnership Student Voice Executive

On May 16, Warradale Primary School held the first Holdfast Senior School Leaders meeting. Schools that attended were: Paringa Park Primary, Glenelg Primary, St Leonards Primary and Warradale Primary.

The idea of the day was to get to know the other leaders from the other schools and learn about what the leadership roles are at their school, how they apply to become a leader and any ideas or interesting events they've organised at their schools. This gathering was held in between recess and lunch and run by Amber from Warradale Primary and the leaders. After getting to know each other we discussed and compared leadership at our schools. Warradale went first explaining their application process, smaller leadership group, meetings and the events they've attended. It was interesting to hear how in some schools every student has a leadership role or the leaders are chosen by class vote.

We also had an idea generating session where we split into separate groups (with one leader from each school) to brainstorm an event or huge accomplishment we could do as a partnership. Some ideas were money raising and volunteering at a soup kitchen together, having a leader's camp and collecting donations to put into shoeboxes as a joint partnership effort.

At the end of the meeting we shared our final ideas and made plans to put them into action in Terms 3 & 4. We also had lunch together, before the schools had to leave. Congratulations to our fabulous school leaders Charlotte, Ruby, Aidan, Bella and Maddie.



Tracey Bennett, Assistant Principal

Parent Seminar "Understanding the Boy Code"

Find out about the "boy code", what it means for boys and girls, the influence of social media and celebrity culture, and helping young people see beyond the stereotypes and be themselves. This is a free seminar hosted by Parenting SA and presented by Dr Justin Coulson.

Tuesday 30 May 7.00pm – 9.00pm

Riverbank Room, Adelaide Convention Centre

To register, go to <http://parentingsa.eventbrite.com.au>

or email health.parentingsa@sa.gov.au

or phone 8303 1660

Camp Australia OSHC

Deb McGlennon will be on leave for 4 weeks commencing Monday 29 May.

Play in the Early Years

Each Friday afternoon all students from Reception to LA 1-9 are involved in play.

Young children's play allows them to explore, identify, negotiate, take risks and create meaning. There are huge intellectual and cognitive benefits to playing. Children who engage in quality play experiences are more likely to have well-developed memory skills, language development, well developed fine and gross motor skills and are able to regulate their behaviour, leading to enhanced adjusting to school and academic learning.

Many different opportunities are set up by our Early Years staff for the students to explore, investigate and discover while playing together.

As you can see the Nature play is very popular!

Play creates a brain that has increased 'flexibility and improved potential for learning later in life' (Lester & Russell, 2008, p. 9).

From the Early Years Staff



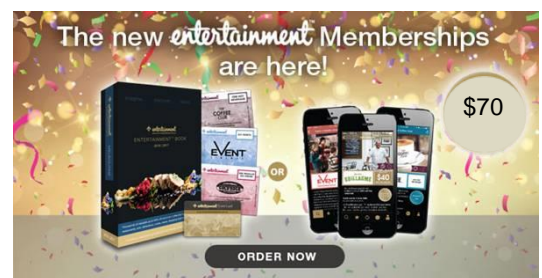
Play through sport and being active



Great turn taking and collaborating while singing 3 Little Speckled Frogs



Finding out what's on today



The NEW 2017 | 2018 Entertainment™ [Book and Digital Memberships](#) are available now and are packed with thousands of up to 50% OFF and 2-for-1 offers.

Membership is \$70 and what we sell, 20% of the proceeds goes towards our School. The more Memberships we sell, the closer we get to our goal!

[CLICK HERE TO ORDER NOW.](#)

TERM 2 2017

Term	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
1						
Week 1	1/5 Footsteps 3/4/5	2/5 *Living Skills Introduction	3/5 *SAPSASA Cross Country *Garden Meeting	4/5	5/5 Nature Play Conference	6 th and 7 th
2	8/5 Footsteps 3/4/5	9/5 NAPLAN	10/5 NAPLAN Reading	11/5 NAPLAN Maths	12/5 *Assembly LA2-2 *NAPLAN Catch Up *Paringa's Got Talent	13 th and 14 th
3	15/5 Footsteps 3/4/5 *Environmental Committee	16/5 *Sports Committee Meeting *OSHC Meeting *P&C Meeting *Canteen Meeting	17/5 *SAPSASA Soccer 6/7	18/5	19/5 *Dress Code Meeting *Paringa's Got Talent *Finance Meeting *School Disco	20 th and 21 st
4	22/5 *Footsteps 3/4/5 *Junior Choir - St Phillips *Partnership Governing Council Meeting	23/5 *ICAS Digital Technologies	24/5 *Living Skills *Incursion Nature Play SA LA 1-2/3/4, 3-1 *Senior Choir Assessment	25/5	26/5 *Assembly LA1-5 *Paringa's Got Talent	27 th and 28 th
5	29/5 *Nunyara Excursion LA1-10, LA3-3 *Governing Council Meeting	30/5 *Nunyara Excursion LA1-11, LA3-2 *ICAS Science	31/5 *Nunyara Excursion LA2-5, LA2-6 *Living Skills	1/6 *Footsteps 3/4/5 *Jump Rope Launch Assembly	2/6 *Coffee and Croissants/ Tea for Parents in French Room *Paringa's Got Talent	3 rd and 4 th
6	5/6	6/6 *Volunteer Induction and RAN Training	7/6 *Living Skills	8/6	9/6 *Assembly LA1-9 *Paringa's Got Talent	10 th and 11 th
7	12/6 Queen's Birthday	13/6 *ICAS Writing *Sports Committee Meeting *OSHC Meeting *P&C Meeting	14/6 *ICAS Spelling *Living Skills Preparation for Camp on 17 th and 18 th of June	15/6 *Canteen Meeting	16/6 *Music is Fun (Whole School) *Paringa's Got Talent *Finance Meeting *Dress Code Meeting	17 th and 18 th
8	19/6 *Environment Committee Meeting *Governing Council Exec *Governing Council	20/6	21/6 *Living Skills *Urrbrae House Excursion LA1-11	22/6	23/6 *Assembly LA3-2 *Paringa's Got Talent	24 th and 25 th
9	26/6	27/6	28/6 *Urrbrae House Excursion LA3-2	29/6 *Jump Rope for Heart	30/6 *Lab on Wheels - Chemistry LA1-10, LA3-3 *Paringa's Got Talent	1 st and 2 nd
10	3/7	4/7	5/7 Paringa's Got Talent Grand Final	6/7 *Expo 2 LA1-10, LA3-3 *Reports go home	7/7 Assembly LA1-8	8 th and 9 th



Nature Play SA

TURN PLAY INSIDE, OUT.

25 THINGS TO DO IN AUTUMN

- 1 Collect coloured autumn leaves and thread them on string to make a necklace, garland or decoration
- 2 Find dried-out autumn leaves and use them to make leaf stamps (paint one side of the leaf and then press it to paper)
- 3 Stand under a tree on a windy day and look up to watch the falling leaves
- 4 Walk through a pine forest after it's rained and check out the fungi, moss and lichen growing in and around the trees. Use NRM's Fungi ID chart and see how many you can find.
- 5 Go on a nature treasure hunt
<https://www.natureplaysa.org.au/wp/wp-content/uploads/NaturePlay-SA-Scavenger-Hunt-Artwork.pdf>
- 6 Create a family 'nature table' with all your outdoor treasures
- 7 Rake up all the autumn leaves you can find, make the biggest pile to jump in or bury yourself in
- 8 Go for a walk in the autumn rain and listen to the birds and insects
- 9 Send fallen leaves down the creek - race your friends to see whose leaf swims furthest and fastest!
- 10 Go for a walk in a Botanic Garden and feel and smell the cool, damp air
- 11 Go on a camping adventure! From May, you'll be able to make a campfire. Find the best stick to toast marshmallows. Make sure you check for local fire ban advice.
- 12 Make an autumn picture book with photos you have taken or sketches you have drawn
- 13 Make little newspaper pots out of wet newspaper in an egg carton and plant winter vegetable seeds. Pop them straight in the ground (paper and all) when the seedlings have grown too big for their pots!
- 14 Find a local orchard and pick your own apples or seasonal fruit/berries
- 15 Visit one of our Parks of the Month and try the activities featured in our Nature Play SA blog - Shepherds Hill Recreation Park in March, Lincoln National Park in April, and Mt Remarkable National Park in June.
- 16 Find a tree to climb!
- 17 Go on a bug hunt!
- 18 Get your family or friends together and try geocaching. If you've never tried it, check out our instruction sheet <https://www.natureplaysa.org.au/wp/wp-content/uploads/NaturePlay-ThingsToDo-Geocaching.pdf>
- 19 Plant your very own vegetable or herb garden (try mint, rocket, silverbeet, parsley)
- 20 Go on a colour walk! Take a walk in your neighbourhood or a local natural place, collecting as many different colours as you can, or pick a colour and see how many things you can find in that shade!
- 21 Make a leaf rainbow from different coloured leaves you've collected.
- 22 Put on your jacket and boots and play outside in the rain - what does it feel, sound, taste, smell and look like?
- 23 Make a tree - collect a thick stick to make a trunk, smaller sticks for the branches, and fallen leaves for the foliage
- 24 Sit in your backyard for 5 mins with your eyes closed and see if you can count 5 different 'natural' sounds. Listen for birds, insects, animals and plants.
- 25 Go on a micro-hike. Lay out a piece of string 1-2m long. Crawl along the ground following your string trail and see what creatures or things you can find. Now see how many creatures you can find using a magnifying glass

Remember to get permission if you go out on your own, and take a drink bottle, sunscreen, and a hat!

